

All students who wish to engage in interscholastic athletic competition for the Johnson City School District must have a medical examination by the Johnson City School District medical officer. A health history must be completed by a parent or guardian prior to this medical examination (Pre-participation Physical Evaluation form 5421-E.1).

When this examination or health history reveals a medical condition such as, but not limited to, asthma, epilepsy, or diabetes, the student's private medical provider may be consulted. This consultation will be done to determine this student's medical suitability for such interscholastic competition. The Pre-participation Physical Evaluation form (5421-E.1) will be completed by the private medical provider, which then will become a part of the student's Cumulative Health Record when it is returned to school.

Based on the medical examination by the Johnson City School District medical officer, the health history, and, if necessary, private medical provider approval, a student will then be certified to compete in interscholastic athletic competition. The level of competition, i.e., contact/collision sports, endurance sports, or other sports will be a decision made by the Johnson City School District medical officer after reviewing the health history, the results of the physical examination, and, if necessary, the private medical provider approval.

Sports physicals are provided by the district and conducted by the school physician. These exams are done annually for the upcoming school year and are valid for the next school year. Physicals are also scheduled prior to the beginning of each sports season, and will be valid for the entire school year. Unless the medical examination is conducted within 30 days of the start of the season, a health history update is required. Any student whose safe participation is in question as a result of the health history interview, injury, or prolonged absence must be requalified by the school medical officer prior to participation.

When all criteria are met according to the above policy, the student will be issued an athletic card allowing participation in interscholastic athletic competition.