

I. Mixed Competition - Football and Wrestling

Whenever registration to participate (sign up) in interscholastic football or wrestling takes place the following regulations shall be adhered to:

- A. All candidates shall be given a physical examination by the school physician for the sport for which they have registered. These examinations shall be given no later than thirty (30) days before the beginning of the season.
- B. All candidates shall be given a New York State physical fitness screening test. These tests shall be administered no later than thirty (30) days before the beginning of the season.
- C. Late registrants will be given a physical examination and the fitness test as expeditiously as possible.
- D. All candidates not passing the physical examination requirement shall be denied participation.
- E. All candidates who do not meet the average scores on the New York State physical fitness test for the sport and team level at which they would compete shall have a remedial or corrective program made available to them.

The following regulations apply whenever a female registers to participate in interscholastic football and wrestling:

- F. Mixed competition in football and wrestling is subject to review and approval by a panel.
- G. If the school physician determines during the health examination that the pupil has a physical impairment which would make it unsafe for the pupil to participate in that sport, the review panel need not convene.
- H. The panel shall consist of the school physician, a physical education teacher designated by the principal and, if requested by the parent(s), a physician selected by such parent(s). Whenever the parent(s) decline to select a physician to participate on the panel the principal shall appoint a physician to serve on the panel.
- I. The review panel shall convene as soon as feasible in order to give the pupil the opportunity to participate at the very beginning of the sport season.

- J. All information necessary to complete an Individual Athletic Profile for Mixed Competition shall be supplied by the Director of Athletics, the physical education teacher, the school nurse, and the school physician.
- K. Once the decision of the panel has been made, the pupil and parents shall be so advised.
- L. A "yes" decision means that the pupil may participate in the interscholastic sport for which the application was made.
- M. Any candidate who does not receive approval from the panel to participate in the interscholastic sport for which they registered shall have remedial or corrective programming made available to them.
- N. If approval is given, the pupil may participate in that same sport and level in subsequent seasons without panel approval, unless there is reason to believe the fitness of the student to participate in mixed competition in that sport has changed. However, participation in mixed competition in any other sports or levels will require panel approval.